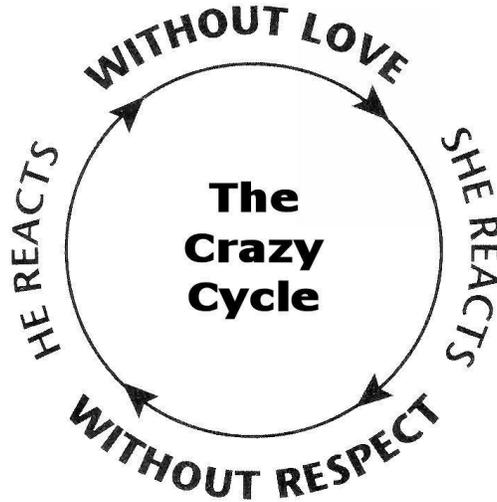


The Crazy Cycle



C – O – U – P – L – E: How to Spell Love to Your Wife

- Closeness – she wants to be close to you
- Openness – she wants you to open up to her
- Understanding – don't try to "fix" her, just listen
- Peacemaking – she wants you to say, "I'm sorry."
- Loyalty – she needs to know you're committed
- Esteem – she wants you to honor and cherish her

C – H – A – I – R – S: How to Spell Respect to Your Husband

- Conquest – appreciate his desire to work and achieve
- Hierarchy – appreciate his desire to protect and provide
- Authority – appreciate his desire to serve and lead
- Insight – appreciate his desire to analyze and counsel
- Relationship – appreciate his desire for shoulder-to-shoulder friendship
- Sexuality – appreciate his desire for sexual intimacy